

TOP THREE

JANUARY 2025

Area Agency on Aging District 7 (AAA7)

HAPPY
NEW
YEAR!



Welcome to our January 2025 news e-blast - sharing our "Top Three" focus items for this month. As always, reach out to us with any questions and follow us on our social media platforms!

1

2025 Board of Trustees and Advisory Council Meetings

The AAA7 announces regular Board of Trustees meeting dates in 2025: February 27th, April 24th, June 26th, August 28th, October 23rd and December 18th. Board Meetings are held at the AAA7's Administrative Office, located at 1 Acy Avenue in Jackson, Ohio. If changes occur in regard to the meeting details or meeting location, an announcement will be made on the Agency's Facebook social media page. As the Board Meeting is open to anyone in the public who is interested, please call the Area Agency on Aging District 7 at 1-800-582-7277 to receive further instructions on how to participate or email info@aaa7.org. AAA7 Advisory Council meetings are held at the AAA7 Training Center, also located at the AAA7's Administrative Office in Jackson. Dates in 2025 are: March 27th, May 29th, August 28th and October 23rd. All Advisory Council meetings will start at 1:00 pm, except for the October 23rd meeting that will begin at 2:00 pm. All are welcome.

2

Volunteer Opportunities

Looking to make a real difference in 2025? Consider becoming a Volunteer Ombudsman through the AAA7! Volunteer Ombudsmen provide an essential voice for residents of nursing homes, assisted living facilities, and other long-term care settings by: addressing resident concerns, serving as an advocate, and helping to lessen isolation and loneliness for residents. Volunteer Ombudsmen visit assigned nursing homes on their own schedule weekly and are provided hands-on training and technical assistance. Volunteers can serve in any of the ten counties in the AAA7's district: Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto and Vinton. If this sounds like an opportunity that would interest you or if you have questions, please contact the Ombudsman Program at 1-800-582-7277 or email info@aaa7.org.



3

Free Caregiver Webinars and Support Groups

Through the AAA7's partnership with Trualta, an online 24/7 caregiver portal, family caregivers can access free and beneficial webinars and support groups. These special offerings are available in the comfort of your own home and address a variety of topics that family caregivers often face. If you are not signed up for free access through Trualta, register today at aaa7.trualta.com and benefit from the support provided through this incredible platform.



1.800.582.7277 | info@aaa7.org | www.aaa7.org